

Counseling Services

LifeWays - Community Mental Health Services www.lifewayscmh.org/

LifeWays is the Community Mental Health Agency for Jackson and Hillsdale. They provide specialty mental health services to individuals with Medicaid and the uninsured who meet medical necessity for severe mental health illness, developmental disabilities or serious emotional disturbance.

Jackson Location

1200 North West Avenue

Jackson, MI 49202

Phone: (517) 789-1200 or (517) 780-3332

24-Hour Crisis: (517) 789-1200 or 800-284-8288

TDD/TTY: (517) 789-2492

Hillsdale Location

25 Care Drive

Hillsdale, MI 49242

Phone: (517) 439-2641

Family Services & Children's Aid <http://strong-families.org/>

Family Service & Children's Aid touches the lives of thousands of Michigan families in Jackson and Lenawee Counties through counseling, foster care, adoption, community and school based programs, substance abuse treatment, and other services for children and families.

330 W. Michigan Ave. Jackson, MI 49201

Phone: 517-787-7920

Cost Savings

Websites for coupons, rebates, cost comparisons for cell phones, and other money saving ideas.

www.Thecouponclippers.com

www.mygrocerydeals.com

www.couponmom.com

www.letstalk.com

www.retailmenot.com

Child Services

Child Protective Services

To report abuse or neglect. Call the toll free hotline at 1-800-942-4357

Phone: (517) 780-7600
301 South Cooper Street
Jackson, MI 49201

Jackson County ISD (JCISD)

<http://jacksoncisd.schoolwires.com/Page/1>

The mission of the Jackson County Intermediate School District is to focus on improving student success in Jackson County by improving the quality of education making it more cost efficient, and by helping students, parents, educators, and the community members get the most out of public education.

6700 Browns Lake Road
Jackson, MI 49201

Phone: (517) 768-5200

JCISD Facilities:

Transportation Services - (517) 788-5904

The Jackson County Intermediate School District Transportation Department offers specialized transportation to various ISD classrooms.

1161 Parnall Rd., Jackson, MI 49201

Jackson Area Career Center - (517) 768-5211

The Career Center provides Jackson and participating Hillsdale county school districts with educational resources career and high-tech classes that otherwise would not be available at local school districts. Juniors and seniors take Career Center classes as electives to their regular local school schedule.

6800 Browns Lake Rd., Jackson, MI 49201

Lyle Torrant Center - (517) 784-1171

Lyle Torrant Center Head Start is a preschool located in Jackson, Michigan. It accepts 2 year olds and up.

1175 W. Parnall Rd., Jackson, MI 40201

Camp McGregor - (517) 529-0002

The camp is home to the JCISD's Math & Science Center and an observatory with our most recent addition -- one of the most modern

computer-driven telescopes you'll find in the state. The high-tech science facilities at Camp McGregor demonstrate our *commitment to the success of all students by offering educational programs* to our local school districts.

10380 Adams Rd., Clarklake, MI 49234

Big Brothers Big Sisters of Jackson County, Inc.

www.bbbsjackson.org

BBBS provides children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

536 N. Jackson Jackson, MI 49201 Phone: (517) 784-7181

Early On - Helping Babies and Toddlers Stay on Track

<http://www.1800earlyon.org/>

Early On assists families with infants and toddlers, from birth until 3 years of age, who may be experiencing delays in their development or have a diagnosed disability.

For more information call, (517) 768-1625. **Click Here** for a child development timeline.

Great Start Collaborative of Jackson County

<http://www.greatstartjackson.org/>

Great Start is Michigan's nationally recognized state-wide initiative to foster school readiness and life success for young children.

Great Start Parent Liaison:

Jeannette Lamphere

Phone: (517) 206-2531

Dental Services

Center for Family Health www.centerforfamilyhealth.org

Opening the door to dental care for all. Please call 24 hours in advanced for an appointment. Will accept most insurance and Medicaid. Plus financial assistance is available to those who meet certain requirements.

2200 Springport Road

Jackson, MI 49202

Phone: (517) 784-9385

Hours: 8 a.m. - 7 p.m. Monday and Wednesday 8 a.m. - 5 p.m.

Tuesday, Thursday and Friday Closed on Saturday

DentalPlans.com www.dentalplans.com

Search and compare dental insurance in your area.

Smiles on Wheels www.smilesonwheels.org

Provides dental treatment such as teeth cleaning, x-rays, dental sealants, fluoride treatments, oral hygiene instructions and oral cancer screenings for adults and children who do not have a regular dental office. Accepts Medicaid, dental insurances, cash and checks, or a reduced fee due to low income.

1715 Lansing Avenue, Room 261

Jackson, MI 49202

Phone: (517) 740-7422

Dr. Donald J. Powers D.D.S. <http://www.jacksoncosmeticdentist.com/>

At Summit Woods Family Dental Care, Dr. Powers and his staff are dedicated to family dentistry - that means we're here to help everyone from the first toddler appointment through a conversation about dentures.

2555 Spring Arbor Road

Jackson, Michigan 49203

General Info: (517) 787-8321

The University of Michigan School of Dentistry

<http://www.dent.umich.edu/patientservices>

At the U of M School of Dentistry patients will pay lower fees for dental procedures at the School. An initial screening appointment is available to anyone; however, it is during that appointment that it is determined whether the patient is accepted for regular treatment, based on the teaching needs of the School, patient's time availability, patient's health and the complexity of the patient's dental needs.

Please call the Appointment and Information Center at **(734) 763-6933** or toll free **888-707-2500**.

1-800-Dentist <http://www.1800dentist.com/>

Since 1986, 1-800-DENTIST has been matching patients with the right dentists and advertising the importance of regular dental visits to millions of consumers nationwide. Regardless of income or insurance, 1-800 Dentist will find help you find the dental services you need.

Diabetes Education Services

Allegiance Health Diabetes Center

The Diabetes Center provides diabetes education and support for adults, teens and children living with diabetes and their support person

and families. The goal of diabetes education is to teach people how to incorporate diabetes management into daily life.

817 West High Street

Jackson, MI 49203

Phone: (517) 787-9322

Diabetes Workshop

A recorded diabetes workshop presented by Dr. David Halsey, MD, is available to view on the Allegiance Health website.

Health and Wellness

Fitness Council of Jackson www.fitnesscouncil.org

The Fitness Council was founded in 1982 (originally called the Jackson County Wellness Committee) to promote events that improved the health and well-being of the Jackson community.

City of Jackson Park & Recreation www.cityofjackson.org

The City of Jackson's 27 beautiful city parks, various downtown floral arrangements and numerous outdoor celebrations are managed by the Parks, Recreation and Grounds Department. It is responsible for the oversight and maintenance of all outdoor activities, facilities and land areas located within our communities. Click here to view a list of Jackson's 27 parks.

Boos Recreation Center www.booscenter.com

Jackson Seniors continue to be a very active group in our community. For a \$2 annual fee, seniors are offered monthly dinners, chair exercise classes, summer drop in centers, Bingo, card playing, indoor walking are just a few of the activities available.

210 Gilbert Street

Jackson, MI 49201

Phone: (517) 788-4064

Jackson YMCA www.jacksonymca.org

The Jackson YMCA offers more than just athletics. We offer a wide variety of programs, events and services that can appease anyone's interests. From arts and crafts to swimming and gymnastics, the Jackson YMCA has created a complete selection of programs that promote the physical, mental, spiritual and social well-being of our members. Visit the website for an activity schedule.

127 West Wesley Street

Jackson, MI 40201

Phone: (517) 782-0537

Immunizations/Vaccines

Rite Aid Pharmacy www.riteaid.com

3100 E Michigan Ave., Jackson - (517) 782-9382

1733 Spring Arbor Rd., Jackson - (517) 789-6630

1089 N Wisner St., Jackson - (517) 782-0574

2255 S Jackson Rd., Jackson - (517) 780-9535

Walgreens Pharmacy www.walgreens.com

1314 N West Ave, Jackson - (517) 783-1803

3040 East Michigan Avenue, Jackson - (517) 768-9002

Wal-Mart Pharmacy www.walmart.com/pharmacy

1700 West Michigan Avenue, Jackson - (517) 817-0326

Job Assistance

Employment Services

AARP Work Search www.aarpworksearch.org

Work Search is a customized online system that helps qualified individuals age **40** and over to assess their skills, match to careers and link to training and job openings.

Indeed www.indeed.com

Indeed is a search engine for jobs - with a radically different approach to job search. In one simple search, INDEED gives job seekers free access to millions of employment opportunities from thousands of websites. Indeed.com includes all the job listings from major job boards, newspapers, associations and company career pages - and continues to add new sites.

Michigan Works! www.michworks.org

Local Michigan Works! Agencies oversee a wide variety of programs designed to help job seekers find satisfying careers. The programs are also designed to prepare youth and **unskilled adults for entry into the labor force** and help individuals who face serious barriers to employment to obtain the assistance necessary to get and keep a job.

Jackson County Locations

Jackson County Michigan Works! Service Center

Commonwealth Commerce Center 209 E. Washington Ave, Suite
100 Jackson, MI 49201

Phone: (517) 841-5627

Hillsdale County Michigan Works! Service Center 21 Care Drive
Hillsdale, MI 49242 Phone: (517) 437-3381

Lenawee County Michigan Works! Service Center Lenawee
County Human Services Bldg 1040 S. Winter St., Suite 1014
Adrian, MI 49221 Phone: (517) 266-5627

Calhoun County Michigan Works! Service Centers 101 North
Albion Street Albion, MI 49224 Phone: (517) 629-5852

Snag A Job www.snagajob.com

SnagAJob.com is the nation's largest job site for part-time and full-time hourly jobs, recording more than 55 million annual job searches for companies hiring non-exempt employees. Job seekers complete their profile once and then apply to multiple jobs online. SnagAJob meets the needs of a broad range of job seekers from teenagers and college students to retirees.

Minority Jobs www.minorityjobs.net

MinorityJobs.net is sponsored by leading U.S. employers for all job seekers regardless of ethnicity, gender, sexual orientation, disability, religion, age or national origin. This nationwide network is available to all job seekers free-of-charge.

Temporary Employment

Employment Plus www.employmentplus.com

Commonwealth Commerce Center 209 E. Washington Ave, Suite
205 Jackson, MI 49201
Phone: (517) 789-9675

Manpower www.manpower.com

333 West Louis Glick Highway
Jackson, MI 49201
Phone: (517) 789-7193

Adecco Staffing www.adeccousa.com

808 West Ganson Street
Jackson, MI
Phone: (517) 782-0559

Special Circumstances

www.vetjobs.com 1-877-838-5627

Employment assistance, resume writing, interviewing tips for veterans.

www.michigan.gov/mrs

Michigan Rehabilitation Services provides employment assistance for workers with a disability.

Lower Cost Health Insurance Plans

Allegiance Health Systems Business Office

Allegiance Health has a number of resources to assist uninsured patients with applications for Medicaid or other assistance that may be available to help with medical expenses. Allegiance Health also offers full and partial discounts to our patients based upon their income and assets. Please contact the business office to learn more about the requirements to receive financial assistance.

- For patients in the hospital now call (517) 788-4973
- For patients planning care in the future call (517) 788-4973
- For patients who have already received care call (517) 788-4920

MIChild and Healthy Kids - www.michigan.gov/mdch

These insurance programs are available through the Michigan Department of Community Health.

For information on MIChild call: (517) 768-2131 or 1-888-988-6300

For information on Healthy Kids call: (517) 841-0619 or 1-888-988-6300

Michigan Medicaid Health Plans - www.michigan.gov/mdch

Call 1-888-367-6557 for information.

Or visit the State of Michigan Human Services Department located at:
301 South Cooper Street

Jackson, MI 49201

Phone: (517) 780-7400

Prescription Assistance Resources

Community Medication Assistance Program “CMAP”

Anderson Building, Main floor

205 N. East Ave.

Jackson, MI 49201

Phone: (517) 841-7958

Service: Provides drug samples through pharmaceutical companies' Patient Assistance Programs or wholesale medicines.

Eligibility: No other drug coverage, income guidelines **vary** based on drug companies' programs.

Jackson County Prescription Discount Plan

Jackson County Health Department

1715 Lansing Ave., Suite 221

Jackson, MI 49202

Phone: (517) 788-4420

Service: provides *discount* (average 20%) on prescription drugs for any Jackson resident, regardless of age, income or existing health coverage.

Eligibility: Jackson resident. No income or age restrictions.

Fee: none

Enroll: at website www.caremark.com/naco click —click here to print your card at top of page. Enter zip code and print ID card. If no internet access, visit Health Dept. reception desk to pick up free card.

Medicaid

Department of Human Services

301 E. Louis Glick Highway

Jackson, MI 49201

Phone: (517) 780-7400

Service: Prescription coverage and health care for very low-income disabled or elderly clients *without* Medicare (see next entry on Medicare D.)

Medicare Prescription Coverage

Phone: 1-800-633-4227

Service: Offers prescription drug insurance to anyone with Medicare. The standard benefit requires a monthly premium (about \$39/month), a yearly deductible of \$310, then Medicare pays about 75% of the first \$2,830 in prescription costs (2010 figures.) Folks with low incomes and low resources may qualify for government help paying the premium, deductible and co-pays. Annual enrollment period is November 15-December 31. For help comparing and/or enrolling in Medicare drug plans, or to see if you qualify for extra help, you may call the **local** Medicare/Medicaid assistance program (MMAAP) at **1-800-803-7174**.

Health Pay

Center for Family Health

2200 Springport Rd.

Phone: (517) 784-9356

Service: provides a discount on prescriptions (and health care). Three levels of co-pays. Co-pays vary depending on income, family size and medication. Must fill prescription on site at Northwest Pharmacy.

Eligibility: Must be patient of primary doctor at Center for Family Health and without prescription coverage

Veterans Prescription Coverage and Health Care

Veteran Affairs

1715 Lansing Ave., Suite #265

Jackson, MI 49202

Phone: (517) 788-4425

Service: Prescription coverage with \$8 or \$9/month co-pay for VA-approved generic drugs. Drugs are mailed to veteran.

Eligibility: military veteran of active duty, either disabled or with income (after medical expenses) less than \$36,700 if single, less than \$42,700 if married, and resources less than \$80,000. Must have VA appointment at Ann Arbor or Jackson location; wait list may pertain. (2010 figures)

Pharmaceutical Company Programs

Pharmaceutical companies may offer —**patient assistance programs** that provide 30-90 day supplies of medicines delivered to the doctor for qualifying low-income seniors who do not have drug insurance. Application process is lengthy and involves doctor's staff as well as client to complete. Contact the national office of the drug company, or www.needymeds.com, for the eligibility criteria.

Mission of Hope Cancer Fund

209 E. Michigan Ave., Suite 301 B

Jackson, MI 49201

Phone: (517) 782-4643

Service: help with prescriptions and other needs pertaining to cancer treatment, such as insurance premiums, lodging, and travel.

Eligibility: must have cancer diagnosis confirmed by doctor, and actively undergoing cancer treatment at time of request.

Elder Prescription Insurance Program (EPIC)

A prescription drug medication assistance program for seniors living in Michigan. The plan provides year-round prescription coverage that can help with medical bills. Find additional ways to get help with medical bills and prescription drugs. Call 1-866-747-5844

Elder Care

4727 Bennett Rd.

Jackson, MI 49201

Phone: (517) 764-1202

Service: medical assistant visits every 1 or 2 weeks to set up meds in client's med box for the week.

Fee: \$15 per visit

Senior Citizens

Adult Protective Services

**To report abuse, neglect or exploitation. Call the toll free hotline:
1-800-996-6228**

Phone: (517) 780-7600

301 South Cooper Street

Jackson, MI 49201

Aging Department

<http://www.co.jackson.mi.us/Agencies/DeptAging/>

The Jackson County Aging Department offers a number of services to senior citizens and to their families, caregivers and friends. Including:

- Senior meal sites and senior centers
- Home delivered meals
- Housekeeping and bathing assistance
- Safety related household maintenance tasks
- Alzheimer's and dementia services
- Prescription assistance
- Assistance in raising grandchildren and other relatives
- Peer support groups

1715 Lansing Avenue, # 672

Jackson, MI 49202

Phone: (517) 788-4364

Choice Connections www.choiceconnections.com

A free referral service that provides a full spectrum of living options for Seniors. Choice connections is a free placement and consulting services that will help you to find the —perfect-fitll home for your loved ones. Call today for your free consultation.

989 Lake Marie

Horton, MI 49246

Phone: (517) 262.5651

Home Instead Senior Care www.homeinstead.com

Whether you're looking for someone to help just a few hours a week, or need more comprehensive 24-hr assistance, your local Home Instead office provides CAREGivers to you. Instead CAREGivers provide a variety of services that suit your interests, activities, and needs.

2610 E. Michigan Avenue

Jackson, MI 49202

Phone (517) 788-7997

Transportation

Jackson City Bus www.jacksontransit.com

Jackson transit offers city bus service throughout the day and throughout Jackson city. For a complete bus schedule, bus fares and route map visit the Jackson transit website or call (517) 787-8363.

Reserve-A-Ride www.jacksontransit.com

Jackson's Reserve-A-Ride is available to the public on a first come first serve basis. This service provides to door service to all residents of Jackson County. Reserve-A-Ride is available to the physically disabled by providing lift and ramps. Rides are provided by a twenty-four hour advance reservations with same day rides scheduled on a as available basis.

To schedule a ride, to get fare prices or to ask a question call (517) 787-8363.

Women's Health Services

Allegiance Women's Health Center

Jackson's premiere women's health facility. Featuring clinical services, such as digital mammograms, osteoporosis screenings, clinical breast exams, health and educational classes and private sessions with a registered nurse, the Women's Health Center also offers relaxation services such as massage, facials, skin care and waxing.

3305 Spring Arbor Rd

Jackson, MI 49203

Phone: (517) 768-4377

WIC - Women, Infants, Children <http://www.fns.usda.gov/wic/>

WIC is a health and nutrition program that has demonstrated a positive effect on pregnancy outcomes, child growth and development. The Special Supplemental Nutrition Program for Women, Infants, and Children is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants and children up to age 5. You can reach your local WIC office at the phone number: (517) 788-4420.

Planned Parenthood www.plannedparenthood.org

Planned Parenthood is a trusted health care provider, an informed educator, a passionate advocate, and a global partner helping similar organizations around the world. Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

2009 West Michigan Avenue

Jackson, MI 49202

Phone: (517) 784-1700

Translation Services

Ask for a listing of Jackson's translation services. This list includes translators for Spanish, German, Polish, Pakistan, Deaf and Blind. These services are not free. The prices are listed.